



Washington State
Annual Program Performance Report

October 1, 2005 – September 30, 2006

Developmental Disabilities Basic State Grant Program
Developmental Disabilities Assistance and Bill of Rights Act of 2000,
Part B
Federal Assistance to State Developmental Disabilities Councils



**Annual Program
Performance Report
October 1, 2005 - September 30, 2006**

Submitted to:

Administration on Developmental Disabilities
Administration on Children and Families
US Department of Health and Human Services
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INTRODUCTION

Developmental Disabilities Councils are authorized in the Developmental Disabilities Assistance and Bill of Rights Act (PL 106-402). The federal law directs the Developmental Disabilities Council (DDC) to engage in advocacy, capacity building, and systemic change activities in order to contribute to a system of services and supports for people with developmental disabilities and their families that are:

- Coordinated,
- Consumer/family centered and directed,
- Comprehensive,
- Culturally competent, and
- Includes needed community services, individualized supports, and other forms of assistance.

These supports and services are intended to promote:

- Self-Determination,
- Independence,
- Productivity, and
- Integration and inclusion in all facets of community life.

During this reporting period, the DDC worked toward the following goals:

- Education & Early Intervention – Students reach their educational goals. Infants and young children (birth to nine) reach their developmental potential.
- Employment – Adults with developmental disabilities who want to work will have jobs.
- Health – All people are as healthy as they can and want to be and benefit from the full range of health services.
- Housing – People with developmental disabilities live where and with whom they want.
- Other Services – Formal and Informal Community Supports – Individuals have access to other services available or offered in a community, including formal and informal supports that improve their quality of life.
- Quality Assurance – People have the information, skills, opportunities, and supports to live free from abuse, neglect, financial and sexual exploitation, and violation of their human and legal rights and the inappropriate use of restraints or seclusion.

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SECTION I: THE COUNCIL

The Washington State Developmental Disabilities Council (DD Council) was established April 27, 1976 by Executive Order 96-06. The DD Council's designated state agency is the Washington State Department of Community, Trade and Economic Development.

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SECTION II: REPORTING YEAR STATE TRENDS

State Economy & Budget

For the second year in a row, state revenue collected has exceeded projections for 2006. The projected surplus is creating a flurry of efforts to tap into the surplus for badly needed increases in social services, education, health care, worker wages and other government responsibilities.

Last year, most of the revenue was directed toward increased school enrollments, Medicaid costs and funding cost of living increases for state workers and teachers. Unemployment has leveled off and is now consistent with the national average. The state saw 90,000 new jobs created in 2005 and is making strides toward increased wages and benefits in a number of service sector jobs.

Medicaid, health care, pensions, prescription drugs and education enrollments are still the primary budget drivers. The state constitution requires funding of basic education and education is a top priority of the Governor and the public. The 2006 Legislative Session created a new Department of Early Learning and proposed legislative actions will bring the Infant, Toddler Early Intervention program into the new department.

Although the Division of Developmental Disabilities received a \$27 million dollar increase for the 05-07 biennium, residential programs were significantly under-funded, resulting in a budget shortfall that prompted an unpopular Spending Plan by the Division that would have forced individuals with developmental disabilities to pay for part of their residential services and a proposal to group people together for efficiencies. Advocates were able to stop the spending plan by convincing the Governor to step in and request funding to cover the shortfall from the Legislature in the 2006 Supplemental Budget.

DDD rolled out its 4 new HCBS waivers, is planning for a full assessment of all its clients, and is conducting a mini assessment to determine unmet needs. DDC is monitoring this process and participating on the Advisory Board. DDC trained and is funding citizen volunteers to participate on waiver quality assurance teams surveying waiver clients using the Core Indicator surveys.

Policy

When the downsizing of one of the state's Rehabilitation Habitation Centers (RHC) was halted, the Governor convened a Residential Commission to study the issue. Unfortunately, after only a few meetings, the Governor canceled the commission. DD advocates are working together to develop policy proposals for the 2007 Legislative Session, including proposing Family Support Legislation and a DD Ombudsman program. In March 2006, the DD advocates met with the Governor to present a proposal to meet the unmet needs of people with developmental disabilities and their families. The advocates developed a "Winning the Waiting Game" budget campaign for fall 2006, to address the unmet needs.

In-Home Providers

The 2006 Legislature gave in-home providers a pay increase and health insurance. DDC is serving on the Home Care Quality Authority and is monitoring the implementation of the provider registry and development of in-home provider trainings.

Access to health care & dental services, including prescription drugs continues to be an increasing problem as fewer providers are willing to take Medicaid reimbursements. Some of the cuts made by the 2004 Legislature to the Basic Health Plan were restored and new slots in the plan were funded by the 2006 Legislature.

ICF/MR

Council staff continues to monitor Department of Justice ICF/MR audits and issues of compliance with regulations, health & safety, lack of active treatment and violations of human rights.

Employment

Several collaborative efforts are underway to improve employment outcomes for people with disabilities. Council staff is working with other disability organizations on improving Work Source Center services and by monitoring the implementation of changes made to the state contracting rules. Sheltered workshops continue to be downsizing or closing. Several developmental disabilities employment agencies have moved to all supported and integrated employment models and DDD's new Working Age Adult policy is expected to pushing the envelope on achieving integrated, competitive, community employment outcomes for people with developmental disabilities receiving services from the Division.

STATUS OF WAIT LISTS

The Division of Developmental Disabilities maintains wait lists for the Family Support Services and Voluntary Placement Program (VPP). The Family Supports program has a wait list of 9,975 families as of September 2006. This is an increase of 1,535 families from last year. The 2006 Legislature provided proviso funding for a Family Support pilot, however parent income is a factor and implementation of the pilot has been hampered by lack of case managers. The 2002 Legislature directed DDD to provide cash payments to families receiving state only dollars for Family Support. The cash payments are part of the state's Maintenance of Effort for Social Security Income's State Supplementary Payment. Families can self-direct how they spend the money. Some families have been moved off the State Supplementary Payment and onto Home and Community Based Waivers.

A waiting list for the Voluntary Placement Program (VPP) voluntary foster care services was established in response to the 2001-2003 budgets when no new funding was provided for caseload and per capita cost growth, and the per capita expenditures for individual client services were limited. Prior to this, the VPP budget provided for caseload and per capita cost growth. This trend has continued for the last two biennial budgets including the 2005-2007 budgets. As a result the wait list for VPP services has grown from 56 in 2004 to 60 in 2006.

The Division of Vocational Rehabilitation (DVR) has been in Order of Selection for the last several years. DVR maintains a wait list for people wanting services. Last year 706 people with developmental disabilities were waiting for DVR services as of September 30, 2006. This is up 447 from last year's wait list number of 259.

In addition to these wait lists; there are many other people eligible for DDD services that are unserved. The Joint Legislative Audit Review Committee's Performance Audit of the Division of Developmental Disabilities (December 2002) states that, based on records they received, 33 percent of those on caseload rolls received no paid services from DDD. However, this does not necessarily mean that these people are totally unserved. The study also

found that 81 percent of the DDD clients receive services from other parts of the Department of Social and Health Services.

SECTION III: STATUS OF STATE PLAN IMPLEMENTATION

EDUCATION AND EARLY INTERVENTION

Goal: Students reach their educational goals. Infants and young children (birth to nine) reach their developmental potential.

EDUCATION PROJECTS

Reporting data for October 1, 2005 through September 30, 2006

➤ Special Education Advocacy – 11/17/97 to 8/31/2007

Contractor: Washington State Special Education Coalition

Council Funds Spent: \$20,000

Match (includes hard cash and volunteer time): \$1,813

Collaborators: Developmental Disabilities Community Advocacy Coalition, Arc of Washington State, Parent to Parent, Parents are Vital in Education & other education groups

Project Description: The Special Education Advocacy Project provides information and education to parents, professionals, policy makers and organizations about special education issues. A parent coordinator develops and disseminates educational materials/information to parents and community members, and assists parents in understanding their rights under the Individuals with Disabilities Education Act (IDEA).

Special education information is disseminated statewide through an email group list. Last year the email list increased from 800 to 850 recipients. Parents and professionals receive pertinent information on special education issues, and assistance in communicating with educators and policymakers. 17 parents/professionals reported using the information to advocate with their school personnel on behalf of their child's education needs.

Results:

- 850 parents/ professionals received emails with information/updates on special education issues.

- 147 public policymakers were educated about special education issues.
- 1,500 copies of informational materials distributed to policymakers.
- 17 parent/professionals advocated with school personnel.
- Policy on WASL testing was improved.

Advocacy:

Advocacy efforts resulted in the 2006 Legislature passing the *Birth to Three* legislation which requires statewide school district participation in birth to three early intervention services by 2009. This marks the final step in a 35-year effort to ensure inclusive education for children with disabilities from birth to age 21.

EMPLOYMENT

Goal: Adults with developmental disabilities who want to work will have jobs.

EMPLOYMENT PROJECTS

Reporting data for October 1, 2005 through September 30, 2006

➤ Work Source Center Employment Project – 9/1/2003- 9/30/2007

Contractors: Rehabilitation Enterprises of Washington (REW), Horizons Incorporated of Sunnyside

Council Funds Spent: \$72,439

Match (includes hard cash and volunteer time): \$28,034

Collaborators: Developmental Disabilities County Coordinators, Department of Social and Health Services Division of Developmental Disabilities, Workforce Development & Training Board, WorkSource Centers & boards, Governor's Committee on Disability Issues and Employment, Community Rehabilitation Programs

Project Descriptions: Efforts were focused on achieving employment outcomes for people with developmental disabilities through the generic employment system – Work Source Centers. REW hosted focus groups to identify the barriers and to develop strategies to make the

employment system more responsive and successful in achieving employment outcomes for people with developmental disabilities through the Work Source centers. Project staff met with policy makers, community businesses, Work Source center staff, Division and county staff to seek support for a collaborative approach between the DD employment system and the generic employment system. Horizons focused on outreach to the Hispanic population in Yakima Valley.

Results:

- 27 people with DD got jobs through WorkSource Centers around the state.
- 5 people with DD from the Hispanic community in Sunnyside got jobs through the local Work Source Center

Reporting data for October 1, 2005 through September 30, 2006

➤ Self-Employment Training –8/1/2006 - 9/30/2006

Contractors: Walsh and Associates

Council Funds Spent: \$2,000

Match (includes hard cash and volunteer time): \$4,000

Project descriptions: A two-day training was provided to clients of the Division's Community Protections Program on how to develop your own business.

Outcomes:

- 40 people attended the training (6 from Spokane, 9 from King county and 15 from Pierce county.)
- 3 clients of the Community Protection Program developed their own business & are receiving income from sales

➤ Ticket to Work & Workforce Training

The Council is monitoring the implementation of Ticket to Work, Health Care for Disabled Workers Medicaid buy-in option, policy and administrative changes in the State Department of Vocational Rehabilitation, promotion of PASS and IRWE work incentive programs and transition school to work programs. Council staff is participating on the State Use Advisory Committee approving applications for vendors

seeking to qualify for the state use contracting vendor in good standing designation/preference in bidding for state contract.

Advocacy: During the 2006 Legislative Session, the advocates were successful in securing an additional \$1.1 million for employment supports for students with developmental disabilities exiting school during the 05-07 Biennium.

HEALTH

Goal: All people are as healthy as they can and want to be and benefit from the full range of health services.

HEALTH PROJECTS

Reporting data for October 1, 2005 through September 30, 2006

➤ Health Care Training and Advocacy– 2/1/99 to 7/31/2007

Contractor: University of Washington, Center on Human Development and Disability

Collaborator: DSHS/Division of Developmental Disabilities

Council Funds Spent during Reporting Period: \$12,411

Match (includes hard cash and volunteer time): \$6,666

Project Description: The project is in its fifth year. This year workshops were held on Getting Good Health Care (advocacy), Medications – Promoting Safe and Appropriate Use, Supporting People with Developmental Disabilities during the Aging Process – Health Effects of Aging with a Developmental Disability, and Toward Health Aging – Promoting Health through Lifestyle Changes. The Council, the Division of Developmental Disabilities, Swedish Medical Center and the University of Washington Center for Excellence in Developmental Disabilities hosted the second annual conference on Developmental Disabilities Health care Update: Focus for Primary Care Providers. One-pager health alerts were developed and distributed to residential providers, families, public health nurses, and individuals with

developmental disabilities. Presentations were held on Healthy Aging, and Health Lifestyles at workshops in Whatcom County, Everett, and Seattle.

The training curriculum is posted on the University Center for Human Disability and Development Web site and is being incorporated into the in-service training for physicians. Participants in the trainings completed a training worksheet and received information about additional resources, Websites, and links to the handouts used in the presentation. Evaluations of the trainings indicated over 90% felt the information was useful, easy to understand, they learned a lot, and the presenters did a good job.

Project Results:

- 79 people trained in Health Promotion and Health Advocacy.
- 76 health care professionals attended the Focus for Primary Care Providers conference at Swedish Medical Center.

Advocacy:

Advocates were successful in convincing the legislature to not impose prescription co-pays for Medicare/Medicaid dual eligible clients.

HOUSING

Goal: People with developmental disabilities live where and with whom they want.

HOUSING PROJECT

Reporting data for October 1, 2004 through September 30, 2005

➤ Home Run – 3/1/2002 – 3/31/2007

Contractor: Arc of Spokane

Collaborator: Arc of Washington, Washington Mutual Bank, local housing developers, county DD residential providers, County DD

Council Funds Spent during Reporting Period: \$13,012

Match (includes hard cash and volunteer time): \$10,554

Project Description: The Arc of Spokane is training adults with developmental disabilities in homeownership and providing support and coordination services to assist them in becoming homeowners including identifying available low-income housing stock, working with lenders and making sure residential supports are in place for people becoming homeowners.

Project Results:

- 13 people become homeowners
- 12 people are being trained in home ownership

Advocacy Results:

- \$850,000 added to the Housing Trust Fund DD Set-aside.

➤ Housing Trust Fund Developmental Disabilities Set-Aside

Housing Trust Fund Developmental Disabilities Set- Aside Results:

- \$38,666,105 leveraged for DD housing
- 51 units of rental housing built
- 23 banks made mortgage funds available

OTHER SERVICES (FORMAL & INFORMAL COMMUNITY SUPPORTS)

Goal: Individuals have access to other services available or offered in a community, including formal and informal supports that improve their quality of life.

COMMUNITY INCLUSION PROJECTS

Reporting data for October 1, 2005 through September 30, 2006

➤ Systems Change and Community Inclusion Through the Arts – 10/1/2002 – 3/30/2006

Contractor: VSA arts of Washington

Council Funds Spent: \$7,050

Match (includes hard cash and volunteer time): \$860

Collaborators: gathering place of Port Townsend, Marysville Community Center, Coalition of Responsible Disabled of Spokane, All-Aboard Arts in Lynnwood

Project Description: Communities in Spokane, Port Townsend, Everett, Marysville, and Spokane held inclusive art classes and art exhibits. VSA arts assisted communities in developing program sustainability plans and writing grants. Outcomes of the project were reported in 2005.

➤ Supported Parenting Program – 10/1/2002- 9/30/2006

Contractor: First Steps Support Center in Port Angeles

Council Funds Spent: \$11,699

Match (includes hard cash and volunteer time): \$5,865

Collaborators: Port Angeles School District, Clallam County Community Services, and Department of Social & Health Services/Division of Developmental Disabilities, Children & Family Services

Project Description: Parents with developmental disabilities and school personnel were trained and supported to work collaboratively to achieve educational outcomes for students with parents with developmental disabilities.

Results:

- 9 families participated in the project during the final year of the project.

➤ One to One Project – 10/1/2002- 3/31/2005

Contractor: Yakima Valley Memorial Hospital/Parent 2 Parent Program

Council Funds Spent: \$441

Match (includes hard cash and volunteer time): \$865

Collaborators: Yakima County Department of Community Services, Horizons/Sunnyside Youth Coalition, Sunnyside Presbyterian Church, Safe Haven, Enterprises for Progress in the Community

Project Description: Trained community/recreational programs in cultural competency and disability awareness, trained youths and matched with youths with developmental disabilities and provided supports to participate in community recreational and social activities. Outcomes from this project were reported last year.

Results from Advocacy & Other Efforts:

- \$1.6 million added to the state budget for residential provider rate increase, to expand community residential services for individuals in crisis, funding enhancements at the UW Autism Center and to fund inclusive pre-school for children with autism.

➤ Developmental Disabilities Life Opportunities Trust

Council receives funding from the Developmental Disabilities Life Opportunities Trust Fund to support the cost of staffing the Governing Board, managing contracts, accounting for the individual trust accounts, and developing and distributing public awareness/outreach materials.

Results:

- 205 new accounts were opened
- \$2.7 million in private contributions
- Earnings on investments averaged 5.6%

QUALITY ASSURANCE - SELF-DETERMINATION, ADVOCACY, AND LEADERSHIP DEVELOPMENT

Goal: People have the information, skills, opportunities and support to live free from abuse, neglect, financial and sexual exploitation, and violation of their human and legal rights and the inappropriate use of restraints.

ADVOCACY

Reporting data for October 1, 2004 through September 30, 2005

➤ Advocacy Partnership Project – 7/1/97 to 6/30/06

Contractor: The Arc of Washington

Council Funds Spent during Reporting Period: \$121,441

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$117,731

Project Description: Information is provided to legislators, legislative staff, and advocacy organizations about developmental disabilities issues. During the legislative sessions, a weekly Developmental Disabilities Advocacy Days was held at the state capital, information and educational briefing documents on current issues were distributed to policy makers, advocates, families and individuals with developmental disabilities. A Disabilities Legislative Receptions was held in collaboration with other disability organizations and advocates to inform and education legislators and staff about issues important to individuals and families.

Volunteers met with legislators and provide information about ongoing issues of concern to the developmental disabilities community. Parents, family members and self-advocates were supported to participate in Advocacy Day and to meet with their legislators/staff to share information about public policy issues. Self-advocates and parents mentored local legislators about developmental disability issues.

Project Status: As a result of the Council's ongoing commitment to train parents and self-advocates on effective advocacy, strides have been made for people with developmental disabilities in the state. The Developmental Disability advocacy effort is considered one of the strongest on the hill. Developmental disability issues and concerns are consistently presented to legislators/staff.

The "mentor a legislator" component proved to be a very effective and an important tool in educating new legislators about the issues important to individuals and families in the developmental disabilities community. Off-session strategy meetings provided advocates with an opportunity to discuss what went well during the last session and to plan for to educate and inform policy makers about the developmental disabilities issues.

Results:

- 147 legislators and staff were educated and informed about issues important to people with developmental disabilities and their families.

- 359 people (unduplicated) attended Advocacy Day

Self-advocates	190
Family members	85
Others	84

LEADERSHIP DEVELOPMENT

➤ Local Leadership Development – 3/7/01 to 9/30/05

Contractors: Stevens County Human Services, Arc of Grays Harbor and Arc of Snohomish County

Council Funds Spent during Reporting Period: \$39,122

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$20,215

Project Description: Local leaders receive training on the history of the developmental disabilities movement, developmental disabilities service systems, and systems/legislative advocacy at workshops held in the local community. They are supported to do internships and conduct projects in their local communities. Annually, the DD Council hosts a legislative training workshop in Olympia for the local leadership participants, including training on legislative advocacy, role-playing a legislative hearing, legislative processes and public policy advocacy. Forty-seven individuals participated in local disability leadership development programs in their local communities.

Results:

- 45 individuals participated in local leadership programs.

Parents/family members	35
Self-advocates	10

➤ Youth Leadership Forum 7/10/00 – 9/30/06

Contractor: Governor's Committee on Disability Issues and Employment

Council Funds Spent during Reporting Period: \$14,717

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$52,570

Project Description: Youths with developmental disabilities participate with in a four-day cross-disability, culturally diverse Youth Leadership

Forum hosted by the Governor's Committee on Disability Issues and Employment. Participants learn about disability issues, how to set high academic and career goals, identify resources, realize their leadership potential, and become active in their communities. They develop friendships and learned about the struggle for civil rights for people with disabilities that resulted in the Americans with Disabilities Act.

Graduates are invited to return as peer mentors or group leaders. This project is in its fifth year. Youths who have participated in the forums are invited to join Self-Advocates in Leadership (SAIL), local self-advocacy organizations and the Council's Local Leadership training.

Results:

- 13 youths with developmental disabilities participated in the annual Youth Leadership Forum (5 from ethnic communities).
- 1 graduate returned as peer mentors/group leaders.

SELF-ADVOCACY

Self-Advocacy Initiative 1/1/01 – 6/30/06

Contractor: Arc of Washington

Council Funds Spent during Reporting Period: \$51,702

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$27,238

Project Description: Self-advocates received self-advocacy, self-determination and legislative advocacy training and were supported to participate in the legislative processes. Three self-advocates worked as coordinators in their local communities to provide information and education to local self-advocacy organizations and others about developmental disabilities policy issues.

Leadership is being developed at the local level to strengthen and support a coordinated, statewide self-advocacy effort and ongoing communication about legislative and public policy initiatives and issues. Training is provided to self-advocacy organizations about legislative advocacy and self-advocacy.

Self-Advocates in Leadership (SAIL) Coalition

The Council supports the Self-Advocates in Leadership (SAIL) coalition to bring together self-advocates across the state to engage in the process of shaping public policy. Self-advocates came together, created a strong unified voice in the public policy area, and took leadership roles at SAIL meetings, Advocacy Day, and in their communities. SAIL members develop their own legislative agenda, wrote letters to the Governor, and met with their legislators at local legislative receptions, town hall meetings and during the session.

The self-advocacy movement is growing, becoming stronger, and putting a face and story on who people with developmental disabilities are and what they need and want for their lives. SAIL took the lead on two pieces of legislation that passed in the last few years – the Respectful Language bill and the Accessible Parking bill. Self-advocates testified at hearings on the budget, the Disability Access Voting bill, and advocated for the continued downsizing of state institutions and more public transportation. A survey mailed to SAIL membership indicated 90% feel they have learned more about legislative issues that affect their lives as a result of SAIL and their participation in Advocacy Day.

Results:

- 3 regional self-advocacy coordinators, trained and coordinating advocacy in their local community.
- 17 Self-advocates are taking leadership roles in their community.
- Advocacy training was presented at 17 workshops across the state in 14 different counties.
- 30 Self-advocates were active in systems advocacy during the 2006 Legislative Session.
- 5 Self-advocates testified at legislative hearings.
- 232 Self-advocates were trained in systems advocacy.
- Sail membership increased by 46 new members – 202 total members

➤ Self-Advocacy Focus Groups 3/1/02005 – 12/30/05

Contractor: Advanced Approach

Council Funds Spent during Reporting Period: \$3,492

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$0

Project Description: Self-Advocates were brought together in 6 facilitated focus groups held around the state. They were asked to provide input into the Council planning process for the next State Plan on what they feel is the future of self-advocacy in the state for the next five to 10 years. Their comments were documented and a pictorial panel was drawn at each focus group meeting depicting what the self-advocates felt was their accomplishments, their goals/vision for the future, who are the collaborators they need to achieve their goals and what are the barriers to overcome to achieve their vision of the future of self-advocacy. The information was compiled into a written report with copies of the pictorial panels and their recommendations were presented to the Council for inclusion in the State Plan.

Results:

- 81 self-advocates participated in focus groups
- 4 recommendations

Other activities:

Council staff brought together representatives from the developmental disabilities advocacy groups, provider organizations, self-advocacy groups and the counties to develop strategies around legislative advocacy. Weekly conference calls were hosted to exchange information between Council members and staff. The advocacy coalition included: Developmental Disabilities Advocacy Coalition, Children's Budget Coalition, Welfare Advocates Group, Long Term Care Coalition, Housing Partnerships, Legislative Strategies Group and Child Care Works for Washington.

- Long-Term Care Ombudsman Volunteers Training 10/1/2004 – 01/31/2006

Contractor: Multi Service Center

Council Funds Spent during Reporting Period: \$13,619

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time):

Collaborators: Division of Developmental Disabilities

Project Description: The Multi Service Center provided training on rights, abuse, disability awareness, quality of life, care planning & positive behavioral supports to volunteers in the long-term care Ombudsman program.

Results:

- 62 volunteers were trained

OTHER – CROSS CUTTING

➤ Media/Public Relations Consultation 101/2002 – 5/31/2005

Contractor: Harris & Smith Public Relations

Council Funds Spent during Reporting Period: \$31,008

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$0

Project Description: Harris & Smith Public Relations provided ongoing media/public relation consultation and training to the Executive Director, Council members, advocates and community members. Technical assistance was provided on developing clear, concise messages about issues of concern, and getting positive stories printed in newsprint, brochures and booklets about people with developmental disabilities as friends, neighbors, co-workers and contributing members of the community. Training was provided to the Local Leadership participants at the annual Legislative Training Workshop weekend.

Results:

- 80 people trained in medial/public relations
- 277 articles were published in newsprint

SECTION IV: CONSUMER SATISFACTION WITH COUNCIL SUPPORTED OR CONDUCTED ACTIVITIES

The Consumer Satisfaction Survey was distributed to the following project participants/consumers:

- Advocacy Partnership – Advocacy Day
- National Core Indicator Review Panels
- Health Care Conference
- Local Leadership Development
- Self-Advocates in Leadership (SAIL) Coalition
- Washington State Special Education Coalition – email list serve

Consumers were asked to report on their satisfaction with participation in the Council funded projects, in general and in specific areas such as:

- Satisfaction with participation in legislative advocacy through the Advocacy Partnership project and attendance at Advocacy Day during the 2006 Legislative Session
- Satisfaction with meeting participation, information and advocacy opportunities through the Self-Advocates in Leadership (SAIL) Coalition meetings and activities
- Satisfaction with leadership skills development, learning legislative advocacy and participation in the Disabilities Local Leadership Development projects
- If participation in the Council projects has improved their access to services and supports in the community
- If participation has improved their ability to advocate with policy makers
- If participation has improved their skills to be leaders in their community.

Overwhelmingly, the response was improved ability, increased access and learning skills needed to be leaders. Out of 346 responses, 302 (87%) reported being very satisfied with their participation in the Council projects, 42 (12%) said they were somewhat satisfied and only 2 (less than 1%) said they were not satisfied.

SECTION V: REPORTING YEAR EXPENDITURES

A. Types of Recipient

RECIPIENT	Part B \$	Match \$	TOTAL
1. DD Council	\$724,161	\$34,285	\$758,446
2. Designated State Agency	50,000	177,934	227,934
3. Other(s) State Agency	13,717	52,570	66,287
4. P&A System	0	0	0
5. UCEDD	9,918	6,666	16,584
6. Non-Profit Organizations	390,969	216,443	607,412
7. Other	47,526	0	47,526
8. TOTAL	\$1,236,291	\$487,898	\$1,724,189

B. Cost Categories – Priority Areas, General and Designated State Agency (DSA) Functions

CATEGORY	Part B \$	Other(s) \$	TOTAL
1. Employment	\$103,755	\$36,034	\$139,789
2. Education & Early Intervention	53,135	1,813	54,948
3. Housing	71,023	20,215	91,238
4. Health	73,335	6,666	80,002
5. Child Care	0	0	0
6. Recreation	0	0	0
7. Transportation	0	0	0
8. Quality Assurance	583,296	203,368	786,664
9. Formal/Informal Community Supports	48,506	7,583	56,089
10. General management	253,240	34,285	287,525
11. Functions of the DSA	50,000	177,934	227,934
12.TOTAL	\$1,236,291	\$487,898	\$1724,189

Note: The DSA (Designated State Agency) is the Department of Community, Trade and Economic Development.

SECTION VI: DISSEMINATION OF ANNUAL REPORT

The FFY05 Program Performance Report will be documented as a written report, published, and distributed to Council members, advocacy partners, families, self-advocates, contractors, and other interested parties. The report will be posted on the Web site at www.ddc.wa.gov and be available in alternative format upon request to the Council Office by calling 1-800-634-4473.

A summary of the report, highlighting significant achievements will be published and distributed through the Council's interested parties mailing lists to policy makers, advocates, media, contractors, families, self-advocates, providers and others.

The Council's public relations/media contractor will work with local and statewide publications/newsprint to get press releases and human interest stories published about consumers' participation in projects and activities the Council has undertaken over this last year. Staff will be available to make presentations to on the results of the annual performance report at Developmental Disabilities Advisory Committee meetings, county developmental disabilities, Parent to Parent, self-advocacy, and other disability related meetings, upon request.

SECTION VII: DEVELOPMENTAL DISABILITIES NETWORK COLLABORATION

The Developmental Disabilities Network (DD Network) is the Developmental Disabilities Council (DD Council), the Washington Protection and Advocacy System (P&A), and the University Center for Excellence in Developmental Disabilities Education, Research, and Services (UCEDD).

The DD Council, P&A and UCEDD have identified issues/barriers affecting individuals with developmental disabilities and their families in Washington State.

The following are areas in which the Council is collaborating with one or more of the DD Network.

1. Access to health care and mental health services for people with developmental disabilities
2. Quality assurance improving quality of services and supports for people with developmental disabilities and their families.
3. Systems advocacy strategies and collaborative efforts to affect a comprehensive system of services and supports
4. Self-advocacy training & support to increase capacity and participation of people with disabilities in public policy processes.
5. Information and education on developmental disabilities services systems and issues facing individuals and families.

1. Access to Health Care

People with developmental disabilities lack access to health and mental health services due to low Medicaid reimbursement rates, lack of health/mental health professional training, and lack of parity in general insurance coverage for health and mental health services. The DD Council, P&A and the UCEDD are working on a variety of strategies to increase access to and the quality of health and mental health services for people with developmental disabilities and their families.

Last year, the Network Partners participated in public policy discussions at DD Council meetings about access to health care and mental health services, prescription drug programs under Medicare Part D, dental coverage and other health issues.

The DDC has been funding the UCEDD to train health care professionals, residential providers, individuals, and family members on health resources, health promotion and health advocacy. The DD Council and P&A are monitoring:

- Implementation of Mental Health Parity legislation passed in 2005
- Impacts of recent limits to the definition of disability & court decisions that have weakened the ADA
- Impacts of Medicaid cuts in the Deficit Reduction Act of 2005
- Services and funding of DDD Home and Community Based Waivers
- Changes resulting from the Care Assessment, mini assessments, and Plans of Care.

During the 2006 Legislative Session, joint advocacy efforts resulted in preventing prescription co-pays for Medicare/Medicaid dual eligible clients (those with developmental disabilities and mental health issues.)

Problems Encountered in Health Care Collaboration:

Physicians were not interested in participating in training, so training was redesigned and delivered to individuals, family members and residential providers. However, the 2nd Annual Developmental Disabilities Health Care Update: Focus for Primary Care Provider conference, a collaboration of DDD, DD Council, UCEDD and Swedish Medical Center (Seattle), was well attended by sixty physicians and other health care professionals.

Other Areas of Collaboration # 2-5

DD Council and P&A have collaborated on several efforts in systemic change, quality assurance and self-advocacy. Last session joint advocacy efforts resulted in the legislature creating in statute the Community Protection Program and providing \$300,000 for the DD Council to contract for legal services for clients of the program, passage of the Disability Access Voting legislation, and securing additional funds in the Housing Trust Fund for DD housing. P&A and UCEDD collaborated with the DD Council in developing the RFP to select the contractor to provide the legal services.

DD Council and P&A supported self-advocate leadership & self-advocacy training to increase the capacity of self-advocates participating in the public policy making processes. Joint efforts in quality assurance included training of police officers, prosecutors, and adult protective services workers on

disability awareness, and training individuals and families about waiver services and the Care Assessment Tool.

The UCEDD and the DD Council worked collaboratively to design and implement a Family Support research project that investigates the needs of families supporting their family member with developmental disabilities and how those needs are met. The research findings will be available in 2007 and shared among the Network partners to inform advocates working on improving family support services to individuals with developmental disabilities and their families.

P&A and the UCEDD are active participants on the DD Council and contributed to the development of the DD Council legislative agenda. Both P&A and the DD Council work collaboratively to achieve common legislative agenda goals. All the Network partners are working on systemic change, achieving a comprehensive system of services and supports, and quality of life for individuals with developmental disabilities and their families.

Future Plans:

Network partners and staff have met to identify areas of focus, priorities, strategies and roles for future efforts. Collaborations around core areas of advocacy, self-determination, employment, family support and end of life issues have been identified for further work over the next years.

Developmental Disabilities Council Membership As of September 2006

Name	Position	County
George Walker	Chair, Parent	King
William Anderson	Parent of individual in institution	King
Alicia McRae	Parent	Chelan
Leandro Raza	Self-Advocate	Yakima
Lori Flood	Parent	Snohomish
Vicki Foster	Self-Advocate	King
Larry Garman	Parent	Grays Harbor
Suzanne Gries	Parent	Clark
Mike Hatch	Interested party	Snohomish
Shawn Latham	Self-Advocate	Pierce
Sara McQueed	Self-Advocate	King
Robert Doyle	Sibling of individual in institution	Pierce
Shannon Patton	Parent	Columbia
Adrian Patayon	Self-Advocate	Snohomish
Erin Platts	Parent	King
Laethan Wene	Self-Advocate	King
Leo Finnegan	Parent	King
Becky Laskey	Parent	Spokane
Stan Fukui	Parent	Snohomish
Diana Zottman	Sibling	King
Harriet Bryant	Service Provider	Kitsap

Agency Representatives

Mark Stroh	Washington Protection and Advocacy Systems
Janet Adams	Division of Developmental Disabilities, DSHS
David Kludt	Mental Health Division, DSHS
Sherrie Brown	University Centers for Excellence in Developmental Disabilities
Marijo Olson	Community Services Division, CTED
Cheryl Stephani	Children's Administration, DSHS
Tabitha Harrison	Department of Health
Tonya Middling	Office of Superintendent of Public Instruction
Patty McDonald	Aging and Disability Services Division, DSHS
Kelly Boston	Division of Vocational Rehabilitation, DSHS
Diana McMaster	Health and Recovery Services, DSHS

DSHS = Department of Social and Health Services

**RESULTS OF COUNCIL INVESTMENT
STATEWIDE & BY COUNTY
October 1, 2005 - September 30, 2006
(Federal Fiscal Year 2006)**

3,414 people with developmental disabilities and families throughout Washington State benefited from the Council's investments in projects and staff activities during Federal Fiscal Year 2006. Individuals with developmental disabilities and families are more independent, productive, integrated and/or included as a result of the projects the Council funded, the collaborations and partnerships the Council has with community and statewide organizations, and the efforts of Council and staff. Statewide results are listed below with the name of the project and the contractor. A list of results by county follows the statewide list.

Statewide Results

Advocacy Partnership - Arc of Washington

- 600 organizations and/or individuals subscribed to the new email alert system; 355 individuals sent email message on legislative issues through the online action center for a total of 5,531 messages.
- The State Budget was increased by \$3.8 million dollars for services, supports and programs benefiting people with developmental disabilities and their families.
- 552 people attended Advocacy Day; 359 unduplicated people (190 self-advocates, 85 family members and 84 others), 77 people were first timers.
- Two parent volunteers from Olympia, met regularly with legislators and staff.
- 78 local mentors were matched with Legislators in their districts and shared weekly information about developmental disabilities issues.
- Legislation passed: Birth to Three Early Intervention Services School Participation, DD Community Protection Program and funding for legal services, Disability Access Voting, Mercury –containing vaccines, and Affordable Housing.

Self-Advocacy Initiative – Arc of Washington

- 232 Self-advocates were trained in legislative advocacy at 17 workshops held in 12 different counties.
- 5 Self-advocates testified at 5 legislative hearings on: Operating Budget, Disability Access Voting, Collective bargaining of personal care hours, Affordable housing, DD Residential Commission.
- 3 regional Self-advocate coordinators shared information from SAIL Coalition and other meetings with local groups of self-advocates.
- 7 local Self-advocate leaders were paid presenters on advocacy
- Membership in the Self-Advocates in Leadership (SAIL) Coalition increased from 156 to 203 with 46 new SAIL members (3 from ethnic communities).
- 17 Self-advocates took leadership roles in their community (Aberdeen, Bremerton, Tacoma, Puyallup, Richland, Ellensburg, Vancouver, Seattle, Everett, Spokane, Bellingham and Mt. Vernon.)

Health Care Training – University of Washington/CHDD

- 76 health care professionals attended the Developmental Disabilities Healthcare Update: Focus for Primary Care Providers conference at Swedish Hospital in Seattle April 2006
- 79 people attended training on health promotion, health resource or health advocacy

WorkSource Center Employment – Rehabilitation Enterprises of Washington (REW)

- 27 people got jobs through WorkSource Centers

Long-Term Care Ombudsman Volunteers Training – Multi-service Center

- 62 Long-Term Care Ombudsman volunteers attended developmental disabilities training

Media/Public Relations- Harris & Smith

- 80 people were trained in media/public relations
- 277 articles were published in newsprint

Special Education Advocacy

- 17 parents reported advocating with their school district about their child's educational needs.

Results by County

ADAMS COUNTY -10

- 10 parents/professionals received special education information/ update emails – Special Education Advocacy – Washington State Special Education Coalition (WSSEC)

ASOTIN COUNTY - 32

- 2 members of Self Advocates in Leadership (SAIL) Coalition
- 23 self-advocates attended advocacy training – Self-Advocacy Initiative – Arc of Washington
- 7 parents/professionals received special education information/update emails - Special Education Advocacy - WSSEC

BENTON COUNTY - 50

- 15 self-advocates trained in advocacy – Self-Advocacy Initiative – Arc of Washington
- 5 members of the SAIL coalition
- 30 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

CHELAN COUNTY - 78

- 25 self-advocates and family members attended an advocacy training– Self-Advocacy Initiative – Arc of Washington
- 52 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 1 member of the SAIL coalition

CLALLAM COUNTY - 54

- 16 self-advocates trained in advocacy – Self-Advocacy Initiative – Arc of Washington
- 3 members of the SAIL coalition
- 26 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 9 families trained & supported to participate in decision-making about their child's education – Parent Training – First Steps Support Center.

CLARK COUNTY - 55

- 29 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 20 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 6 members of the SAIL coalition

COLUMBIA COUNTY - 10

- 10 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

COWLITZ COUNTY - 31

- 21 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 7 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 3 members of the SAIL coalition

DOUGLAS COUNTY – 32

- 32 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

FERRY COUNTY - 35

- 34 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 1 member of the SAIL Coalition

FRANKLIN COUNTY - 21

- 20 parents/professionals received special education information/update emails – Special Education Advocacy – WSSEC
- 1 member of the SAIL coalition

GARFIELD COUNTY - 13

- 13 parents/professionals receiving information/updates by email on special education issues - Special Education Advocacy – WSSEC

GRANT COUNTY - 30

- 30 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

GRAYS HARBOR COUNTY - 86

- 33 self-advocates attended advocacy training - Self Advocacy Initiative - Arc of Washington
- 29 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 14 self-advocates and family members participated in Local Leadership Development
- 10 members of the SAIL coalition

ISLAND COUNTY - 22

- 14 self-advocates trained in advocacy - Self Advocates Initiative - Arc of Washington
- 7 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 1 self-advocate attended the Youth Leadership Forum – GCDE

JEFFERSON COUNTY - 64

- 24 parents/professionals received special education information /update emails - Special Education Advocacy – WSSEC
- 39 people participated in inclusive art classes – Inclusive Communities – VSA arts of Washington
- 1 member of the SAIL coalition

KING COUNTY - 208

- 35 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 44 members of the SAIL coalition
- 69 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 15 self-advocates participated in inclusive art classes – Community Inclusion – VSA arts of Washington
- 2 self-advocate youth attended the Youth Leadership Forum – GCDE
- 40 people trained in self-employment
- 3 people started their own business

KITSAP COUNTY - 44

- 14 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington

- 20 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 7 members of the SAIL coalition
- 3 self-advocate attended the Youth Leadership Forum – GCDE

KITTITAS COUNTY - 75

- 35 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 1 self-advocacy coordinator – Self-Advocacy Initiative – Arc of Washington
- 34 parents/professionals received special education information/ update emails - Special Education Advocacy – WSSEC
- 5 members of SAIL coalition

Klickitat – 15

- 12 parents/professionals received special education information/update emails – Special Education Advocacy– WSSEC
- 3 members of the SAIL coalition

LEWIS COUNTY - 39

- 39 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

LINCOLN COUNTY - 29

- 29 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

MASON COUNTY - 37

- 20 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 2 members of the SAIL coalition
- 15 self-advocates attended advocacy training – Self-Advocacy Initiative – Arc of Washington

OKANOGAN COUNTY – 59

- 59 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

PACIFIC COUNTY - 9

- 9 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

PEND OREILLE COUNTY - 16

- 16 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

PIERCE COUNTY - 96

- 21 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 14 members of the SAIL coalition
- 59 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 2 self-advocate attended the Youth Leadership Forum - GCDE

SAN JUAN – 5

- 5 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

SKAGIT COUNTY - 65

- 35 self-advocates attended a Legislative Reception - Self-Advocacy Initiative - Arc of Washington
- 2 member of SAIL coalition
- 28 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

SKAMANIA COUNTY - 19

- 19 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

SNOHOMISH COUNTY - 190

- 5 members of the SAIL coalition
- 46 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 1 self-advocate attended the Youth Leadership Forum – GCDE
- 40 family members and self-advocates participated in a Legislative Reception – Self-Advocacy Initiative – Arc of Washington

- 8 self-advocates and family members participated in Local Leadership Development – Arc of Snohomish County
- 90 people participated in inclusive art classes – Inclusive Communities Project – VSA arts of Washington

SPOKANE COUNTY - 184

- 32 self-advocates trained in advocacy – Self-Advocacy Initiative – Arc of Washington
- 48 members of the SAIL coalition
- 48 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC
- 1 self-advocate attended the Youth Leadership Forum – GCDE
- 30 people participated in inclusive art classes – Inclusive Communities Project – VSA arts of Washington
- 13 people became homeowners, 12 people participated in home ownership classes – Project Home Run – Arc of Spokane

STEVENS COUNTY – 47

- 35 parents/professionals received special education information/ update email - Special Education Advocacy – WSSEC
- 12 people attended advocacy training – Arc of Washington

THURSTON COUNTY - 35

- 14 members of the SAIL coalition
- 1 self-advocate attended the Youth Leadership Forum - GCDE
- 20 parents/professionals received special education information/ update emails - Special Education Advocacy – WSSEC

WAHKIAKUM COUNTY - 3

- 3 parent/professional received special education information/update emails - Special Education Advocacy – WSSEC

WALLA WALLA COUNTY - 17

- 17 parents/professionals received special education information/ update emails - Special Education Advocacy – WSSEC

WHATCOM COUNTY - 65

- 18 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington

- 34 parents/professionals received special education information/ update emails - Special Education Advocacy – WSSEC
- 12 members of the SAIL coalition
- 1 self-advocates attended the Youth Leadership Forum - GCDE

WHITMAN COUNTY - 31

- 31 parents/professionals received special education information/update emails - Special Education Advocacy – WSSEC

YAKIMA COUNTY - 118

- 37 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 57 parents/professionals received special education information/ update emails - Special Education Advocacy – WSSEC
- 14 members of the SAIL coalition
- 5 youths were mentored to participate in community activities – One 2 One project – Yakima Parent to Parent
- 5 Hispanic adults got jobs through the Sunnyside WorkSource Center – Horizons of Sunnyside